

# Calhoun County Schools

## Elementary Lunch

January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
				Jan - 1 Happy New Year
Jan - 4 Happy New Year	Jan - 5 Happy New Year	Jan - 6 Happy New Year	Jan - 7 Chicken Nuggets Potatoes, Roasted Green Beans Chilled Pineapple Whole Wheat Roll Milk Choice	Jan - 8 Turkey & Cheese Sand Carrot & Celery Sticks Pears Milk Choice
Jan - 11 Crispito, Chicken Chili Cheddar Cheese, Shred Pinto Beans Tomatoes Peaches Milk Choice	Jan - 12 BBQ Chicken Sandwich Corn Mandarin Oranges Cookie, Carnival Milk Choice	Jan - 13 Hamburger Glazed Carrots Broccoli Pineapple Milk Choice	Jan - 14 Hotdog Green Beans Sweet Potatoes Fries Fruit Cocktail Milk Choice	Jan - 15 Turkey & Cheese Sand Carrot & Celery Sticks Pears Milk Choice
Jan - 18 M. L. King, Jr. Birthday	Jan - 19 Chix Sandwich Green Beans Baked Beans Peaches Milk Choice	Jan - 20 Steak Nuggets Broccoli Mashed Potatoes Mandarin Oranges Milk Choice	Jan - 21 Cheese Pizza Dippers Marinara Sauce Corn Glazed Carrots Fruit Cocktail Milk Choice	Jan - 22 Ham and Cheese Sand Carrot & Celery Sticks Pears Milk Choice
Jan - 25 Chicken Fajita Cheddar Cheese, Shred peppers & onions Broccoli Applesauce Milk Choice	Jan - 26 Burrito, Beef & Bean b Beans, Black. Low Sod Tomatoes Pineapple Milk Choice	Jan - 27 Cheeseburger Potato, Wedges frozen Glazed Carrots Mandarin Oranges Milk Choice	Jan - 28 Pizza, Pepperoni 4X6, Corn Green Beans Fruit Cocktail Milk Choice	Jan - 29 Turkey & Cheese Sand Carrot & Celery Sticks Pears Milk Choice

Meals must have 1/2 cup fruit or vegetable.  
Menu is subject to change.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**